

OSURA

News



THE OHIO STATE UNIVERSITY

February 2023

2200 Olentangy River Road, Columbus, OH 43210 | P.O. Box 14433, Columbus, OH 43214
614-292-2281 • 1-800-762-5646 • osura@osu.edu • osura.osu.edu

We've Come a Long Way - Women's sports at OSU

By Nancy Wardwell

In 1888 when the Armory opened, and the first "Physical Directors" were hired, Stella Elliot was selected as the Women's Director. At that time basketball hadn't been invented and sports like football happened outside the control of the University. The classes at the Armory were required, and activities were massed routines of "gymnastics." They looked like a huge fitness class.

After the University gained control of athletics, they "grew up" under the aegis of Physical Education. It might surprise you to know that Richard Larkin served for 30 years as the Director of Athletics AND Physical Education. – that was Men's and Women's Physical Education.

Women physical educators had overseen women's sports since the first basketball game against Otterbein College in 1904. By 1920 the perceived excesses of men's sports concerned women physical educators nationally. They began to mount the argument against intercollegiate sports for female students. It was not an argument against "competition," it was an educational argument because only the most highly skilled participated. They had a motto that lasted for years: "A sport for every girl – and every girl in a sport." Many of us, of a certain age, dearly remember that intramural sports could be very competitive.

In 1941 the wall began to crumble – right here at Ohio State. A few of the women faculty began to think it silly to keep the skilled girls from playing and they conducted the first National Collegiate Golf Tournament – at the new OSU Golf Course, with 37 golfers from 21 colleges and universities participating. By 1947 intercollegiate



Above: Basketball in Pomerene Hall – c. 1950. Left: Women's class in the Armory – 1909

competitive seasons were scheduled for basketball, tennis, field hockey, golf, and fencing – with eight Ohio colleges. Phyllis Bailey came to Ohio State in 1956 to conduct sports for women – through Intramurals. By 1959, she was appointed Coordinator of Women's Sports at The Ohio State University. By 1965, what were previously called "Sports Clubs" became officially known as Intercollegiate Sports, and the modern era of women's sports had begun.

Title IX became law in 1972 and has had a powerful impact on education for women in general, but in the beginning how it would affect sport was not known. The year before, women's Intramurals and the Intercollegiate program had been moved to Student Services with the Athletics Department agreeing to assume 50% of women's sports coaches' salaries.

Finally, by 1975 the Athletic Council announced the incorporation of the women's intercollegiate program into the Athletic Department, and Phyllis Bailey was selected Associate Athletic Director in charge of the women's intercollegiate program. The first 30 Grants-in-Aid were awarded to women athletes. Needless to say, there was resistance from some of the men's sports, but the fears of some have been laid to rest. By 2022, our University fielded 33 intercollegiate sports: 15 men's, 16 women's, and 2 co-ed.

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Walking/Hiking
Group—5

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	<u>Currently</u> <u>Using</u>	<u>Didn't</u> <u>Know it</u> <u>Existed</u>	<u>Do Not Use</u>	<u>Not</u> <u>Interested</u> <u>In Using</u>	<u>No</u> <u>Answer</u>	<u>Totals</u>
Facebook	32	59	56	68	10	225
Listservs	150	30	21	13	11	225
Online Directory	46	46	100	17	16	225
Newsletter	204	4	7		10	225
Website	94	26	72	14	19	225
Totals	526	165	256	112	66	
<u>Online Directory:</u>	<u>Yes</u>	<u>No</u>	<u>Not</u> <u>Interested</u>	<u>No</u> <u>Answer</u>	<u>Totals</u>	
Know how to activate information	60	104	28	33	225	
Information is activated	100	67	19	39	225	
Would like assistance in using	44	101	39	41	225	
Totals	204	272	86	113		

Welcome New Retirees

Linda S. Alpers
Health System - Shared Services

Lynley Helen Anderman
Education and Human Ecology

Kimberly Ann Archer
Facilities Operations and Development

Cynthia Poling Bechtel
University Hospital

Alicia Louise Bertone
Academic Affairs Administration

Hilda Marie Bryant
James Cancer Hospital

Jacqueline L. Buell
Medicine

David Brian Carwile
WOSU Public Media

Hendrik Onno Colijn
Engineering

Stavros T. Constantinou
Mansfield - Administration

Jennifer Kay Crocker
Social and Behavioral Sciences

Nina Sue Dorion
University Hospital

Yun Chun Du
ERIK -Research

Lillie P. Eiland
University Hospital East

Jamie Sue Evans
Ambulatory Services Hospital

Karen Elizabeth Gebhardt
University Hospital

Margaret Clark Graham
Nursing

Zhen Guan
Medicine

Cynthia K. Hale
Medicine

Thomas Jay Hoodlet
James Cancer Hospital

Charles Gary Iams
Marion

Grace Landrum Johnson
Diversity and Inclusion

Bruce E. Johnson
Business and Finance - Administration

Janice Kay Kiecolt-Glaser
Health Sciences

Jadwiga Labanowska
Comprehensive Cancer Center

Ken Lee
FAES - Food Science and Technology

Minru Li
Arts and Humanities

Martha A. Lipis
FAES - OSU Extension

Emily Y. Lyles
Dentistry

Janetta Mardis
Student Life

Cherri L. McHolan
University Hospital

Chia Hsiang Menq
Engineering

Jean-Jacques Alain Michaille
Comprehensive Cancer Center

Marilyn G. Miller
Dentistry

Brenda Arlene Minor
James Cancer Hospital

Nikki Kathryn Modlich
Engineering

Michael Ervin Moehrman
University Hospital

Catherine Phillips Montalto
Education and Human Ecology

Andrew Louis Morris
University Hospital East

Henry Todd Neffenger
Health System - Shared Services

Ann O. Pakalnis
Medicine

Georgia Parker
Ross Heart Hospital

William L. Phillips
Chief Information Officer - OCIO

Shelley Fenno Quinn
Arts and Humanities

DaNiel K. Rogers
University Hospital

John Harold Sisson
University Hospital East

Monica Lynne Snider
Health Sciences

Beth Anne Snoke
Transportation and Traffic Management Admin

Phyllis Kirchner Teater
Health Sciences

Richard Philip Van Deusen
Facilities Operations and Development

Lynda Rae Waugh
Ross Heart Hospital

Dennis C. Wilt
FAES - School of Environment and Natural Resources

Andrea Dayle Wolfe
Natural and Mathematical Sciences

Mary Ann Wynd
Family Medicine

 **2023
FALL
CONFERENCE
IN THE WORKS**

The Conference Planning Committee is hard at work discussing and selecting topics that will attract you and bring you to the Fawcett Center on **September 20, 2023** for the 25th Annual Conference. The committee reviews topics that relate to Ohio State, Health, Culture, and Retirement. We hope you will find our work has paid off by joining us on Wednesday, September 20. The theme this year is **Creating the Future**, which the committee considers when selecting topics for the sessions.

Calendar of Events

COMMITTEE MEETINGS

February 7 (Tuesday) Benefits Committee

Time/Place: 9:30 a.m.,
Longaberger & via Zoom

February 14 (Tuesday) Board Meeting

Time/Place: 9:30 a.m.,
Whetstone Library

February 22 (Wednesday) Membership Meeting

Time/Place: 10 a.m.

MONTHLY ACTIVITIES

February 4 (Saturday) Walking/Hiking Group

Challenge Level 2-4

Everyone welcome. Join us at Blues Creek Park.

Time/Place: 1 p.m. – Blues Creek Park,
9627 Fontanelle Rd, Ostrander, OH

Registration Instructions

- 1. Registrations requiring payment:**
Registrations can be made by going on-line to osura.osu.edu or by calling **614-292-2281** or **1-800-762-5646**.
Your registration is not complete until payment is made, so have your credit card ready. Checks are no longer being accepted.
- 2. Registrations NOT requiring payment:**
Registrations will be made through the Arranger's email provided in the description of the event.

CHALLENGE LEVELS

- 1 Light** – may include a few stairs.
- 2 Moderate** – may include a few sets of stairs.
- 3 Moderate +** – may include climbing many stairs and/or uneven terrain.
- 4 High** – may include lots of walking, climbing stairs, hilly walkways and/or extended weather exposure.

Arranger: Sandy Bell (sib9716@outlook.com/cell 740-833-6374 – Walking/Hiking SIG)

February 9 (Thursday) Photo Society

Program: *Valentine Dinner and Contest Awards*

Time/Place: 5:15 p.m. reception; 6 p.m. dinner (options from a limited menu- call 614-292-2262 for reservations); 7 p.m. program; OSU Faculty Club.

Cost: on your own

Arranger: Nancy Verber (nwverber@gmail.com – Photographic Society SIG)

February 15 (Wednesday) Lunch Bunch – Fall Prevention: Do You Know Where Your Feet Are?

Join us as Jane Aciri, LSW, Central Ohio Area Agency on Aging, shares with us steps to prevent falls, which are the leading cause of emergency room visits, hospitalizations and death for older adults.

Time/Place: 11:15 a.m., MCL Cafeteria, Kingsdale

Cost: On your own, order through cafeteria line starting at 11:15 a.m., program at approximately 12 noon.

Contact Person: Steven D'Ambrosia (steven.dambros@gmail.com) & Elenore Zeller – Social Committee

February 21 (Tuesday) Craft Group

Bring your own craft of choice as well as your ideas, or just join us to socialize and see the talents of other retirees. Please RSVP to marycull.4@gmail.com.

Time/Place: 2-4 p.m., Massey's Pizza, 152 Graceland Blvd (Graceland Shopping Center)

Arranger: Mary Cull (marycull.4@gmail.com) (Craft Group SIG)



February 23 (Thursday) Dinner Series – 2023 Economic Outlook

Speaker Roger Bailey, Clinical Assistant Professor of Marketing; Director, Full Time MBA Program. The word “unprecedented” is almost insufficient to describe the challenges to the US economy since 2020. The focus will include 2023 economic outlook using economic theory and consumer behavior.

Time/Place: 5:15 p.m. reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club

Cost: \$35 (service charge included)

Registration Deadline: Register at osura.osu.edu or call 614-292-2281 by February 23.

Arranger: Carol Newcomb (newcomb.28@osu.edu – Dinner Series SIG)

February Book Club

“Playing” in our Virtual Theatre is *The Chancellor* by Kati Marton. A biography of Angela Merkel, the woman who led Germany through the remaking of internal social policies, attempted integration of 1,000,000 refugees, and the outmaneuvering of authoritarian rulers such as Putin – truly an odyssey of a political genius.

Contact: Lee Hill (hill.30@osu.edu – Book Club SIG)

March 23 (Thursday) Dinner Series – 2023 Economic Outlook

Professor John Horack will speak on the OSU relation with Voyager Space and OSU as the leading academic institution partner in the areas of engineering, agriculture, biological/physical sciences and human health. The Starlab-GWCS analog facility will be at OSU Aerospace Campus at Don Scott Airport. – reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club

Time/Place: 5:15 p.m. reception, 6 p.m. dinner, 7 p.m. lecture; OSU Faculty Club

Cost: \$35 (service charge included)

Registration Deadline: Register at osura.osu.edu or call 614-292-2281 by January 23.

Arranger: Carol Newcomb (newcomb.28@osu.edu – Dinner Series SIG)

SPECIAL EVENTS

February 10 (Friday)
BalletMet – Dorothy and the Prince of Oz**Challenge Level 2**
REGISTRATION REQUIRED

Ballet Met brings you another family-friendly chapter in the Land of Oz. Follow Dorothy in her travels as she and her Prince discover that love reunites those who believe.... featuring stunning puppetry and scenery by Basil Twist and a score arranged by Oliver Peter Graber.

Time/Place: Box office opens at 9:30 a.m. Seating is general, so plan to arrive early for best seats. Performance begins at 11 a.m., Ohio Theater, 39 E. State St.

Cost: \$25.20 (admission ticket)

Registration/Refund Deadline: Register at osura.alumni.osu.edu or call 614-292-2281 by February 2. Credit card preferred. Tickets will be held at Will Call.

Arranger: Marilyn Blackwell
(blackwell.4@osu.edu – Cultural Arts Committee)

March 10 (Friday)
BalletMet – A Celebration of New Works**Challenge Level 2**
REGISTRATION REQUIRED

Three world premieres by gifted choreographers Leiland Charles, Dana Genschaft, and Amy Seiwert. Each of these artists continues to push the boundaries of classical ballet choreography.

Time/Place: Box office opens at 9:30 a.m. Seating is general, so plan to arrive early for best seats. Performance begins at 11 a.m., Ohio Theater, 39 E. State St.

Cost: \$23.10 (admission ticket)

Registration/Refund Deadline: Register at osura.alumni.osu.edu or call 614-292-2281 by March 2. Credit card preferred. Tickets will be held at Will Call.

Arranger: Marilyn Blackwell
(blackwell.4@osu.edu – Cultural Arts Committee)

NEW

April 8 (Saturday)
Franklin Park Conservatory & Columbus Cherry Blossom Festival**Challenge Level 3**
REGISTRATION REQUIRED

Celebrate Nature Clothed in Kaleidoscope Spring Splendor inside & outside FPC. Experience colorful Chihuly Glass Art Exhibit and demo. Cherry trees are in full bloom in Franklin Park for the spectacular Columbus Cherry Blossom Festival! Exotic music, dances, gifts, food, more...

Meet by: 8:30 a.m., at Franklin Park Conservatory front entrance

Return: 5 p.m.

Cost: \$35 Non-Members of FPC, \$20 FPC Members; cost includes admission fee, lunch, and docent fee.

Registration: Register at osura.osu.edu or call 614-292-2281 by March 1.

Refund Deadline: March 15

Arrangers: Alabelle Zghoul and Marinda Iyer (Marindaiyer@yahoo.com – Travel/Cultural Arts Committee)

Here is a link to our events: <https://osura.alumni.osu.edu/events/>

The OSURA Walking/Hiking Group Continues to Get Out and Get Moving

By Sandy Bell

Join the OSURA Walking/Hiking Group this month on Saturday, February 4 at 1 p.m. as we explore Blues Creek Park, one of the Delaware County Preservation Parks, 9627 Fontanelle Rd, Ostrander. This will be an easy 2-1/2-mile pet-friendly hike. We will meet at the last parking lot by the restrooms.

Here are the next few upcoming hiking opportunities:

- **March 3 (Friday) at 1 p.m. – Pickerington Ponds Metro Park**, Wood Duck Picnic Area Parking on Bowen Road, Pickerington; 2-to-4-mile easy hike; socialize with an early dinner afterwards possible.
- **April 7 (Friday) at 11 a.m. – Shale Hollow Park**, 6320 Artesian Run, Lewis Center; 2-mile hike with a couple of small hills and one short steep rise; socialize with a late lunch afterwards possible.
- **April 17 (Monday) at 11 a.m. – Spring Valley Nature Preserve**, 1539 Columbus Rd, Granville; moderate hiking with some hills and stream crossings; pet friendly; socialize with a late lunch afterwards possible.



OSURA Hikers at Prairie Oaks

We will finish out the hiking season with hikes on May 12 and 29. Watch the newsletter and website for further information. If you have any questions, please send me an email at sib9716@outlook.com or call/text me at 740-833-6374.

February is National Heart Month

SELF-CARE TIPS FOR HEART HEALTH



Heart disease is the leading cause of death in the United States, but there's a lot you can do to prevent it. Taking time to care for your heart can be challenging as you go about daily life. But it's easier than you think to show your heart the love it deserves each day. Small acts of self-care, like taking walks, getting quality sleep, and cooking healthy meals, help your heart. Research shows that self-care can help you keep your blood pressure in a healthy range and reduce your risk of heart disease and stroke.



What parts of your self-care routine help your heart?

You can improve and protect your health overall when you:

- Get a daily dose of physical activity, such as a brisk, 30-minute walk

- Cook meals that are low in sodium and unhealthy fats
- Take your medications as prescribed and keep your medical appointments
- Sleep 7-8 hours a night
- Manage stress through, for example, meditation, yoga, a warm bath, or quiet time with a good book or funny movie
- Try to reach or stay at a healthy weight by moving more and having snacks like fruits and veggies ready to grab when hunger hits



How can you make self-care for your heart easier?

The trick is to plan ahead. Build heart-healthy activities into your daily self-care routine. Schedule things that are both good for you and important to you.

You might want to set aside time to:

- Cook delicious, heart-healthy recipes. Choose some from the National Heart, Lung, and Blood Institute's delicious heart-healthy eating website.
- Go for a bike ride, take an online exercise class, or have a family dance party.
- Make that doctor's appointment you've been putting off. Many providers now offer telehealth appointments to make accessing care easier.
- Organize your medications.

Information provided by the National Heart, Lung, and Blood Institute; National Institute of Health

FROM: The Benefits Committee

STRS Report

By Jerry Newsom

In June 2021, a report commissioned by the Ohio Retired Teachers Association (ORTA) claimed that STRS was badly mismanaged, causing COLAs to be suspended. STRS provided a detailed rebuttal, disagreeing with essentially every claim. STRS critics convinced Keith Faber, the Auditor of State, to investigate the claims, and many ORTA members were hoping Faber would vindicate their criticisms. His Special Audit report was just released at the end of December and it supported STRS in almost every detail. Faber did suggest a couple changes that the legislature might consider, in conjunction with STRS and the Ohio Retirement Study Council (the mostly legislative body that oversees the state pension funds). Present law says an external auditor must project that a pension fund will have assets equal to liabilities within the next 30 years; otherwise the fund must propose how it will get within the 30-year limit. Faber suggested the 30 years be reduced to 15 or 20 years. Unless investments go horribly wrong, such a change would not affect STRS but could be a major problem for at least one other fund (not OPERS). Faber also suggested that consideration should be given to the current practice of awarding bonuses to STRS investment staff when their investment returns do well compared to a set of benchmarks. (The bonuses amount to about 0.1% of average investment earnings, so they have negligible effect on STRS finances.) Overall, Faber joins a long list of other auditors and consultants who judged STRS to be functioning very well.

STRS Fact

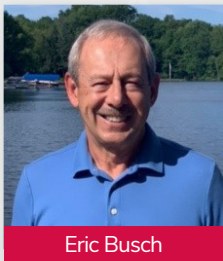
Most non-Medicare retirees in the STRS health insurance plans pay a premium of **\$286/month** this year, **down** from **\$423** last year.

OPERS Fact

University and College employees are approximately **19%** of all OPERS-covered members.



OSURA Spotlight



Eric Busch

Meet **Eric Busch!**

My wife Susan and I now live in Bethlehem, PA. We moved here in 2014 to be close to and help our daughter's family and their two young boys. Her husband is on the faculty at Lehigh University and became chair of the history dept on July 1. It was very difficult to leave so many friends and colleagues in Central Ohio and Westerville after so many decades.

Nevertheless, Christmas City (Bethlehem, PA) has been a good move. We've been able to see our daughter's family grow up. The Lehigh Valley is about history, hills, and great stonework in barns and houses. Bethlehem has an extensive Revolutionary War history, being founded as a Moravian missionary outpost in 1741. The most important war hospital was here, and a tomb of the unknowns marks the burial location of hundreds of veterans. In recent years, the city has successfully reinvented itself after the demise of Bethlehem Steel.

I was born in Buffalo, NY and spent wonderful summers at Loon Lake in the Finger Lakes region, south of Rochester. Our grandparents bought a cottage in 1933 and it remains in the family. We moved to Logan, Ohio with my father's transfer and then lived in and graduated from high school in Tiffin, Ohio. I enrolled at Ohio State in 1969 and earned a B.A. in Social Sciences and later an MBA in Finance.

My entire career was at The Ohio State University. First, I worked as a student at Recreation Dept. Then I contacted the OSU Police Dept to get some data for a criminology course paper, and they hired me to analyze campus crime stats. During the campus disturbances of 1970, I served as a student marshal (More than 100 of my photos are now in the OSU Archives.).

In time, I became interested in improving policing on campus.

Upon graduation from Ohio State, I did become an OSU police officer. I worked patrol, crime prevention, investigations, and as a supervisor. While working on personal protection assignments, I was physically close to celebrities – Nixon (I shook his hand at Don Scott field), Ford, Reagan, and Clinton. Another celebrity was Elvis. In 1974, at his concert in St John Arena, I worked in front of the stage.

After completing my MBA in finance, which I had been pursuing part-time, I went to OSU Internal Audit as an audit supervisor. Later I joined Student Affairs as an Asst Vice President and had responsibility for financial, HR, and operational work. I worked on such varied items as the university's response to student deaths, celebratory riots, and the first Stadium concert with Pink Floyd. To me, it was a gift to work with so many staff, students, faculty, and alums who believed so thoroughly in the special nature of The Ohio State University.

In retirement, I continued my 32-year involvement in Westerville Kiwanis. Also, I served on the Westerville Recreation Advisory Board, which led to appointment to an open City Council seat. Much of my experience at Ohio State was translatable to council work. I served for almost 4 years before our move to PA. I thoroughly enjoyed the experience and encourage others to take on public office.

Now that we are retired, we spend most of our summers at the lake cottage in New York. The lake was a good refuge from Covid that permitted some limited outdoors socializing, although we lost a very close friend in a nursing home outbreak. While visitors were limited, we took the opportunity to work on some needed renovations. At the lake, when I am not fishing or taking photographs, I am a member of the Watershed Alliance to improve our lake water quality. Our efforts created a 10-acre wetlands preserve and I serve as the preserve manager. This work has been extremely rewarding and right in my wheelhouse.

Although we no longer live in Central Ohio, OSURA remains important. The newsletter is a helpful source of information. It is always good to see what "names from the past" are up to.

In Memoriam

Jesse Ammons

December 10, 2022 | Executive Secretary, 82

James Bach

November 26, 2022 | Arts and Sciences, 59

Patricia Ann Bischel

December 9, 2022 | Dentistry, 91

Joseph Lewis Boldizar

December 20, 2022 | Receiving, 73

Dickson Hatch Call

January 5, 2023 | Computer Science, 94

Maurice Townsend Casey

November 22, 2022 | Music, 90

Robert L. Davis

December 5, 2022 | Athletics, 90

Sara Ruth Dernberger

December 21, 2022 | Athletics, 73

Gertrude H. Foster

December 26, 2022 | OSUMC, 92

Nancy Sheedy Kramer

December 10, 2022 | Development Office, 91

Linda Sue Lipsey

December 28, 2022 | Veterinary Medicine, 71

Walter Edwards Lyons Jr.

December 23, 2022 | Athletics, 60

Lena (Lee) M. McQuade

December 29, 2022 | Athletics, 88

Ronald A. Metzger

December 30, 2022 | Medicine, 93

Dana J. Roberts

December 30, 2022 | County Extension - Medina, 87

Lola E. Wischmeyer

December 23, 2022 | Food Service Director – Lima, 67

David Dee Wolfe

January 4, 2023 | OSUMC, 69

Sandy Young

December 8, 2022 | Print Shop/Vet Clinic, 81



THE OHIO STATE UNIVERSITY

Address Service Requested

**The Ohio State University Retirees Assn.
Customer Service**
Longaberger Alumni House
2200 Olentangy River Road
Columbus, Ohio 43210



Can you name these members of the Conference Planning Committee?

If not, then you really need to attend the
Annual OSURA Conference, and meet them....

Because they're waiting to meet you!